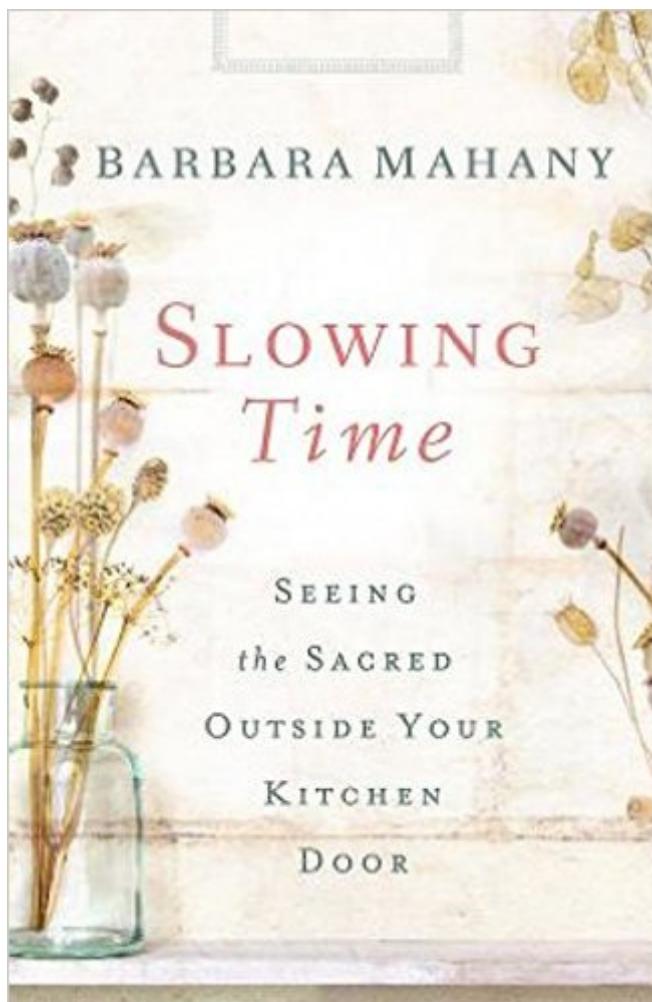


The book was found

# Slowing Time: Seeing The Sacred Outside Your Kitchen Door



## Synopsis

Barbara Mahany believes the sacred is all around, within finger's reach--here to be gathered, culled, collected, through the simple yet complex art of paying attention, of savoring the moment, of cultivating stillness. Making room for God and illuminating the Godly specks in the everyday. Noticing the seen, revealing the unseen, and pinpointing the divine in both. The book sifts through the terrain of three particular landscapes where the author most often encounters the stirrings of the Divine: under heaven's dome; on the front lines of the homefront; and in the unspooling of the seasons. The most essential prayer, often, is the life closely examined, held up to the light. By probing deeply the nooks and crannies of the home-front, the author points out that the reader need not venture far to find what matters most. And the questions stirred will linger, long after the page is turned.

## Book Information

Paperback: 208 pages

Publisher: Abingdon Press (October 7, 2014)

Language: English

ISBN-10: 142677642X

ISBN-13: 978-1426776427

Product Dimensions: 5.5 x 0.5 x 8.5 inches

Shipping Weight: 11.7 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 starsÂ  See all reviewsÂ (77 customer reviews)

Best Sellers Rank: #87,948 in Books (See Top 100 in Books) #153 inÂ Books > Religion & Spirituality > Worship & Devotion > Meditations #294 inÂ Books > Christian Books & Bibles > Worship & Devotion > Meditations #1705 inÂ Books > Christian Books & Bibles > Theology

## Customer Reviews

In this juncture of my own journey in faith, I don't need another creed, another confession, another article of faith, but I do need techniques and suggestions to bring those convictions into my every days. Like almost everyone, I need to learn to slow time, or at very least, to savor, appreciate, and fully live into every moment, rather than looking backwards or forwardsâ as important as those perspectives are. Barbara Mahany's *Slowing Time* is a lovely, love-filled journal of seasonal nature and spirituality; she emphasizes how the church's liturgical year of grace and the Jewish festivals both have deep roots in earth and sky. Reflecting upon astronomical and meteorological seasons, she opens each new seasonal section with a lilting description of the literal nature of sun, shadows,

light and dark at each solstice or equinox. Subtitle, "Seeing the Sacred Outside Your Kitchen Door" hints at Mahany's emphasis on perceiving with all your senses, not solely with the one of our five senses most engaged in a particular activity. A special recipe for each season, as well! I'm not majorly a meat-eater, but I'd love to try Beef Stew with Pomegranate Seeds Nestled beside Aromatic Rice; I've made something similar to Christmas Eve Elves' French Toast in the oven, and when I live with a working oven again, it will be time to bake that specialty again. Need I even mention summertime Blueberry Slump?! You know I'm a pushover for berries and for serving any dessert with vanilla ice cream! I like Rolled Cut-Out Cookies' ingredients, but definitely prefer chewy, soft, bar-type cookies to crispy ones. Probably because it's mid-November, I love how Slowing Time begins with Winter as a "Season of Deepening" and ends with Winter as "Season of Stillness.

[Download to continue reading...](#)

Slowing Time: Seeing the Sacred Outside Your Kitchen Door Where the Wild Things Are CD: In the Night Kitchen, Outside Over There, Nutshell Library, Sign on Rosie's Door, Very Far Away Outside and Inside Woolly Mammoths (Outside and Inside (Walker & Company)) The Art of Neighboring: Building Genuine Relationships Right Outside Your Door The Zen of Seeing: Seeing/Drawing as Meditation Seeing Trees: Discover the Extraordinary Secrets of Everyday Trees (Seeing Series) The Wrinkle in Time Quintet Boxed Set (A Wrinkle in Time, A Wind in the Door, A Swiftly Tilting Planet, Many Waters, An Acceptable Time) Door to Door: The Magnificent, Maddening, Mysterious World of Transportation Extra Income Academy (2 in 1 Training Bundle for 2016): Create a Part-Time Income Source Outside Your Day Job via Fiverr Freelancing & Local Instagram Marketing Behind the Kitchen Door Transmissions From Outside of Time Small Time Operator: How to Start Your Own Business, Keep Your Books, Pay Your Taxes, and Stay Out of Trouble (Small Time Operator: How to Start Your ... Keep Yourbooks, Pay Your Taxes, & Stay Ou) Sacred Quartets for All (From the Renaissance to the Romantic Periods): Trombone, Baritone B.C., Bassoon, Tuba (Sacred Instrumental Ensembles for All) Sweet Medicine: Continuing Role of the Sacred Arrows, the Sun Dance, and the Sacred Buffalo Hat in Northern Cheyenne History (Civilization of the ... Civilization of the American Indian Series) Sacred America, Sacred World: Fulfilling Our Mission in Service to All Crystals and Sacred Sites: Use Crystals to Access the Power of Sacred Landscapes for Personal and Planetary Transformation Sacred Trios for All (From the Renaissance to the Romantic Periods): Trombone, Baritone B.C., Bassoon, Tuba (Sacred Instrumental Ensembles for All) Sacred Duets for All (From the Renaissance to the Romantic Periods): Trombone, Baritone B.C., Bassoon, Tuba (Sacred Instrumental Ensembles for All) Sacred Woman, Sacred Dance: Awakening Spirituality Through Movement and Ritual Gospel Classics:

Sacred Performer Piano Collection - 12 Artistic Arrangements for Worship Services, Concerts and Recitals (Sacred Performer Collections)

[Dmca](#)